Research Paper

Tribological properties of biocompatible Ti–10W and Ti–7.5TiC–7.5W

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ABSTRACT

This study investigates and compares the microstructure, biocompatibility, and tribological properties of two different Ti-based composites, Ti–10W and Ti–7.5TiC–7.5W, with those of pure Ti for their potential use in biomedical applications. In particular, cold and hot isostatic-pressing and arc-melting methods were utilized and compared for the microstructure of the composites. Nano-scratch measurements and pin-on-disk wear tests were employed to understand their tribological behavior. As compared to pure Ti, Ti–10W and Ti–7.5TiC–7.5W showed significantly improved nano-scratch resistance (by 85 and 77%, respectively) and wear resistance (by 64 and 66%, respectively), in good agreement with hardness measurements. For biocompatibility examination, both microculture tetrazolium test (MTT) and water soluble tetrazolium (WST-1) test were used to quantify the cell viability of human osteoblasts and mouse fibroblasts on the materials. Both of the Ti-based composites showed acceptable biocompatibility in comparison with the pure Ti control.

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1. Introduction

In recent years, considerable attention has been paid to the development of new materials for implant applications such as replacement of damaged bones, teeth, or blood vessels because the anticipated average human lifespan is steadily increasing (Temenoff and Mikos, 2008; Geetha et al., 2009). What makes this area of research rather difficult is that very diverse types of materials are used for different implant applications, e.g., polymers for soft tissues and artificial lens, and strengthened metal alloys or ceramics for load-bearing

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joints (Geetha et al., 2009). In other words, the required mechanical/physical properties and biocompatibility can vary, depending on where and how the implant is used.

Compared to ceramics and polymers, metallic implant materials possess superior strength, fracture toughness, ductility, and machinability, despite their relatively low corrosion resistance; they have particularly low corrosion resistance in the basic environment of the human body (Enderle et al., 2005). Among a variety of metallic implant materials, pure Ti and Ti alloys are considered attractive solutions owing to the formation of the dense, thin TiO2 film on the surface, giving rise to good corrosion resistance. In addition, the formation of TiO2 on the surface of Ti alloys such as Ti-6Al-4V takes place in about 8 min, which is approximately 55% and 330% faster than the formation of oxide films on the surfaces of Co-28Cr-6Mo and 316L stainless steel in 0.9% saline solution, respectively (Geetha et al., 2009). Furthermore, with significantly less formation of fibrous soft tissue (e.g., approximately one-tenth that formed on the Co-based alloy (Brunette et al., 2001)), the formation of a direct bond is feasible between Ti or a Ti alloy and osseous tissue (Adell et al., 1970). The direct bond is strong and tough because it forms stable, biocompatible, and non-toxic CaTiO3 by combining TiO2 and Ca ions in the osseous tissue (Feng et al., 2004). Another main advantage of Ti and its alloys is their low stiffness, such that they are less likely to result in stress shielding than traditional implant materials such as stainless steels or Co alloys, which have a stiffness of 190–250 GPa (Ashby and Jones, 1987). Finally, Ti and its alloys have low magnetism and hence are safer for use with MRIs (Frank, 2002).

However, Ti and Ti alloys do not possess sufficient mechanical properties to be used as replacements in human body parts exposed to high levels of stress and wear, e.g., femoral heads for hip replacement. Efforts have been made to achieve the required mechanical properties through hardened Ti alloys or Ti composites reinforced with hard ceramic particles (Shimizu et al., 2003), with limited success. This study thus reports a new hardening strategy by reinforcing Ti with additions of tungsten (W) and titanium carbide (TiC), and investigates their effects on the biological and tribological properties of Ti. We fabricated our samples using two different processing routes, which are cold and hot isostatic-pressing (CHIP) and arc-melting (AM) processes. We then compared the microstructure and properties of the samples fabricated by those two different processing routes. With the addition of W, a solid-solution Ti–W alloy is achieved, resulting in substantial strengthening, whereas with the addition of TiC, a Ti–TiC–W composite is achieved, resulting in a secondary reinforcement effect in terms of macrohardness.

2. Material and methods

2.1. Sample fabrication

Two different processing methods, namely, the combined cold and hot isostatic-pressing (CHIP) and arc-melting (AM) processes (Fig. 1), were used to fabricate pure Ti, Ti–10W, and Ti–7.5TiC–7.5W (hereafter, all compositions are given in weight percent unless stated otherwise) and the results were compared. For promotion of W dissolution, W powder with a particle size less than 1 μm was used, whereas to achieve the enhanced effect of wear resistance, TiC powder with a relatively larger particle size (1–5 μm) was used (Deshpande et al., 2006). Ti–10W, and Ti–7.5TiC–7.5W powder blends were prepared by mixing the W and TiC powders with commercially pure Ti powders (<150 μm) for more than 30 min in a mixing machine (8000-D Mixer Mill, SPEX CertiPrep, Stanmore, UK) prior to carrying out the two different fabrication processes. For the CHIP process, the samples were compacted into billets by cold isostatic pressing at a pressure of 379 MPa. The billets were then vacuum sintered at 1220 °C for 4 h and densified by hot isostatic pressing (HIP) at 900 °C for 2 h at 100 MPa (Frary et al., 2003), followed by slow cooling within the press. For the AM process, the powder blends were densified by a booster press machine (Dongjin Machinery Co., Incheon, Republic of Korea) at room temperature, and the billets were melted using a 190 A arc under argon in a vacuum arc-melting furnace (Ace Vacuum, Republic of Korea).

2.2. Mechanical tests

The microstructure of the Ti, Ti–10W, and Ti–7.5TiC–7.5W samples was observed by an optical microscope (Olympus, Tokyo, Japan) on polished cross sections obtained by grinding on SiC papers, polishing with a diamond suspension, and etching for 4–5 s with Kroll’s reagent (5% nitric acid, 10% hydrofluoric acid, and 85% water). Macrohardness was evaluated using a standard Rockwell hardness testing machine (Mitutoyo, Japan) by applying a 1.6 mm diameter steel ball with a 100 kg major load for Rockwell hardness scale B (HRB). The microhardness of the matrix was measured with a Vickers hardness tester (Mitutoyo, Tsukuba, Japan) using a 100–300 g load and an indent time of ~10 s.

A nanomechanical test instrument (Hysitron, USA) was used to carry out nano-scratch tests, which were performed using forces of 300 μN for durations of 20 cycles. The indenter was loaded, forced to scratch the surface of the specimen by...
being pulled back and forth for the required number of cycles, and then unloaded. Wear tests were performed using a pin-
on-disk tester. Prior to the wear test, all specimens were ground down to 1 μm, cleaned with ethanol, and dried. Round specimens with a diameter of 23 mm were loaded and slid against an abrasive Al₂O₃ counterpart ball (Samwha Ceramics, Republic of Korea; purity: 93%; Mohs hardness number: 9) at a sliding speed of 0.1 m/s. The applied normal load was fixed at 20 N and the total sliding distance traveled by the ball ranged from 300 to 2000 m. The mass losses of the specimens were measured on an analytical balance with an accuracy of 10⁻³ g.

2.3. Biocompatibility tests

CHIP-processed Ti, Ti-10W, and Ti-7.5TiC-7.5W specimens of 3.5 mm square and 2 mm in thickness were used for all the biocompatibility tests, that is, contact angle measurements, cell culturing, and microculture tetrazolium test (MTT), water soluble tetrazolium (WST-1), and extract tests. This is because both the CHIP and AM processes were expected to result in the same composition and similar microstructure, and any possible negative effect of an undissolved W phase on the biocompatibility of the samples could be assessed more easily on the surfaces of the CHIP-processed samples.

Contact-angle measurements were carried out using a contact-angle meter (CAM-PLUS, Tantec Inc., Schaumburg, IL, USA) equipped with a video-imaging system using sessile distilled water drops. The distilled water drops (volume 5 μL) were placed on each specimen surface at ambient temperature. The contact values were then calculated by determining the drop height and diameter using a drop shape analysis program.

For MTT assay, human osteoblast cells obtained from American Type Culture Collection (ATCCC, USA) were thawed from frozen stock and routinely subcultured in equal mixtures of Ham’s F12 medium and Dulbecco’s modified eagle medium (DMEM, Gibco, Invitrogen Corp., Grand Island, NY, USA) containing 0.3 mg/mL of G418 gentamicin and 10% fetal bovine serum (FBS) at 37 °C in a humidified 5% CO₂ atmosphere. The culture mediums were replaced approximately twice a week. The osteoblast cells were subcultured and harvested following trypsin treatment [0.25% (w/v) trypsin-0.53 mM ethylenediamine-N,N,N’,N’-tetraacetic acid, EDTA] in Dulbecco’s phosphate buffered saline (PBS) (w/o phenol red). Upon one, two, and three days of incubation, each sample was moved to a new well of 48-well microplate containing 450 μL of EMEM+FBS (w/o phenol red), and 50 μL of WST-1 solution [a mixture of 2-(4-iodophenyl)-3-(4-nitrophenyl)-5-(2,4-disulfophenyl)-2H-tetrazolium, monosodium salt, (Dojindo Laboratories, Japan) and 1-methoxy-5-methylphenazinesulfonic acid (Dojindo Laboratories, Japan)]. The microplate was then maintained in the CO₂ incubator for 4 h. After this secondary incubation, a 200 μL portion of the supernatant was transferred to a 96-well assay plate. The absorbance of the supernatants was measured at 450 nm by a microplate reader (a Multiskan FC Microplate Photometer, Thermo Scientific, USA). The cells in each specimen were fixed for 10 min with a 25% glutaraldehyde solution in the well with the remaining culture medium. They were then stained with 10% (v/v) Giemsa’s staining solution diluted with ultrapure water for 15 min to facilitate observation by a microscope. Experiments were performed in duplicate.

Additionally, extraction tests were also performed using L929 mouse fibroblast cells. The extracts of Ti, Ti-10W, and Ti7.5TiC7.5W were prepared by adding EMEM+FBS to each sample at the ratio of 0.1 g/mL, and placed in a CO₂-incubator for 24 h. L929 cells were seeded on a 24-well microplate at a density of 50 cells per well in 0.5 mL of EMEM+FBS. After 24 h of incubation in a CO₂ incubator, the medium was replaced by the next extract or diluted by EMEM+FBS to be 50%. The 24-well microplate was then maintained in a CO₂ incubator for 144 h. The colonies formed were fixed with a 25% glutaraldehyde solution and stained with a 10% (v/v) Giemsa’s staining solution. The number of stained colonies on each well was subsequently counted to estimate the relative plating efficiency. Experiments were performed in triplicate.

3. Results and discussion

3.1. Processing and microstructure

Fig. 2(a–d) shows micrographs of etched cross sections of the Ti–10W and Ti–7.5TiC–7.5W specimens produced by CHIP and
AM processes, respectively. When alloyed with W, the etched Ti matrix shows an acicular structure due to the dissolution of W in the Ti matrix, which was previously reported and identified as a Widmanstätten α/β structure, with most of the W segregated in the β phase (Frary et al., 2003; Choe et al., 2005a, 2005b). The dissolution of W was anticipated to be fairly complete in the Ti–10W alloy fabricated by CHIP (Fig. 2a), given the W mean particle size of less than 1 μm (Frary et al., 2003; Choe et al., 2005a). However, the degree of W dissolution was expected to be greater in the Ti–10W alloy fabricated by AM (Fig. 2b) owing to the nature of the liquid-state processing. Partially dissolved W particles of distinctive size, which were surrounded by a dark-etched matrix shell corresponding to a diffusion zone with high W content, were rarely observed in either the Ti–10W alloy or the Ti–7.5TiC–7.5W composite fabricated by CHIP, suggesting nearly as complete W dissolution in the Ti matrix of samples processed by CHIP as in those by AM. Relative density of the samples was estimated from the volume percent of porosity measured using image analysis. The relative density of the samples ranged from ~98.1 to 98.7%. Although the image analysis method tends to provide slightly higher relative density values than the Archimedes method (Cho et al., 2012), it is still concluded that both CHIP and AM fabrication processes could produce fairly dense Ti-based composite materials.

### 3.2. Mechanical properties

We have used both Vickers and Rockwell hardness measurements to measure and compare hardness of the samples on both ‘micro’ and ‘macro’ scales, respectively. Vickers hardness was used to measure the matrix hardness in the sample, whereas Rockwell hardness was used to measure the hardness of the average microstructure in the entire sample. Table 1 displays and compares the macrohardness (Rockwell) and microhardness (Vickers) values for the samples produced by both CHIP and AM processes. Overall, hardness values are higher for the samples produced by AM than for the samples produced by CHIP. This is most likely due to the inclusion of oxygen in the samples produced by AM. The hardness and strength of Ti and its alloys is considerably affected by oxygen content; for example, the literature hardness value of a commercially pure Ti (CP-Ti) ranges from 147 to 210 HV (Faria et al., 2011; Das et al., 2014; Frary et al., 2003), but the hardness of oxygen content of only 0.55 wt% can increase the hardness of the CP-Ti up to some

![Fig. 2 - Optical micrographs of etched microstructures of (a, b) Ti–10W and (c, d) Ti–7.5TiC–7.5W. (a, c) are microstructures of the materials fabricated by CHIP and (b, d) by AM.](image-url)
300 HV (Donachie, 2000). In particular, the macrohardness of the Ti–10W and Ti–7.5TiC–7.5W specimens produced by CHIP was 106.1 ± 1.5 and 102.9 ± 0.5 HRB (Table 1), respectively, which are approximately 33–35% higher than that of Ti (78.4 ± 2.9 HRB) because of the strengthening effect of the addition of W and TiC, as expected. The macrohardness of the Ti–10W specimen was slightly higher than that of the Ti–7.5TiC–7.5W specimen. This is somewhat counterintuitive because the high hardness of TiC ceramic particles was expected to increase the macrohardness of the Ti–7.5TiC–7.5W composite. These unexpected results were perhaps due to more effective W solid-solution strengthening in the Ti–10W alloy than in the Ti–7.5TiC–7.5W composite. The presence of TiC particles appears to have caused less dissolution of W in the Ti matrix and thus may have reduced the solid-solution strengthening effect of W in the Ti matrix (Choe et al., 2008).

In addition, microscale Vickers hardness (microhardness) tests were carried out to measure the matrix hardness of the specimens. The microhardness values of the Ti, Ti–10W, and Ti–7.5TiC–7.5W specimens produced by CHIP were 165.0 ± 10.2, 305.2 ± 14.5, and 252.4 ± 15.9 HV, respectively (Table 1). The matrix hardness value of 165 HV for the pure Ti specimen agrees well with those reported for CP-Ti (147–210 HV, (Faria et al., 2011; Das et al., 2014; Frary et al., 2003). Although the results show a trend similar to that of the Rockwell hardness values, the matrix hardness of the Ti–10W specimen was considerably higher than that of the Ti–7.5TiC–7.5W specimen. This may be attributed to two reasons. First, the W content used in the Ti–10W specimen was higher than that used in the Ti–7.5TiC–7.5W specimen, possibly resulting in the greater a solid-solution strengthening effect for the Ti–10W specimen. Second, the presence of TiC particles disturbed the dissolution of W into the matrix, as described earlier, which resulted in further reduction of the W solid-solution strengthening effect. According to a previous study (Choe et al., 2008), the microhardness of a Ti–TiC–W composite substantially decreased with increasing TiC composition.

For biomedical applications, a material’s wear resistance is important not only for its mechanical stability but also for its biocompatibility because wear and the resultant creation of wear debris particles has been known to be a dominant factor limiting the implant material’s long-term usage (Thomas et al., 2012). Fig. 3(a) displays the wear mass loss after the wear test under a load of 20 N for 300–2000 m carried out on the Ti, Ti–10W, and Ti–7.5TiC–7.5W specimens produced by AM. We carried out both wear and nano-scratch tests and compared the results only on AM-processed samples, because dimensions of only those samples were sufficiently large for the pin-on-disk wear test to be conducted. The wear mass loss increased as expected with increasing sliding distance for all tested specimens. Both the Ti–10W and Ti–7.5W–7.5TiC specimens showed significantly lower wear mass losses than pure Ti because the reinforced alloy and composite can sustain higher loads with less plastic deformation (Wu et al., 2005). In other words, solid-solution of W and distribution of reinforcing TiC particles could reduce the plastic deformation of the Ti matrix, and hence, lessened the wear mass loss (Tu et al., 1998). On the other hand, essentially no difference was observed between the wear mass losses of the Ti–10W and Ti–7.5TiC–7.5W specimens, which again is somewhat counterintuitive because the well-dispersed TiC particles could have resulted in a further reduction in the wear mass loss by hindering dislocation motion and plastic deformation efficiently in the Ti matrix. The strong effect of well-dispersed TiC particles on wear resistance appears to be offset by the reduced dissolution of W, leading to less hardening in the Ti–7.5TiC–7.5W matrix. This is also supported by the nano-scratch results presented in Fig. 4. The Ti–10W alloy showed clearly further improved scratch resistance (scratch depth ~ 10.43 nm) as compared to the Ti–7.5TiC–7.5W specimen (scratch depth ~ 16.50 nm), again, most probably due to the enhanced effect of the solid-solution strengthening of W in the Ti matrix.

The effect of hardness on the wear resistance is often described using Archard’s law (ASTM E8-03, 1994), which states that the wear volume loss tends to have an inverse relationship with hardness. Despite having an insufficient number of data points to make a firm conclusion, the Ti-based materials studied in this paper indeed tended to follow Archard’s inverse relationship between the wear volume loss and hardness, as shown in Fig. 3(b). A less apparent inverse relationship is seen immediately after the shorter sliding distance of 500 m. This is perhaps because during the initial stage of abrasive wear with several hundreds of meters of sliding distance, the abrasive wear
behavior did not reach a steady state, particularly taking into account the relatively high surface roughness of the specimen (1 μm) (Suh et al., 2008). This initially unsteady wear behavior is normally represented by an unstable and irregular value of the initial frictional coefficient (Hong et al., 2011).

Fig. 5 shows SEM images of representative worn surfaces for the Ti–10W alloy after the wear test with a sliding distance of 1200 m. Wear grooves with occasional micro-cracks are observed on the worn surface of the Ti–10W specimen [Fig. 5(a)]. The overall wear behavior of the Ti–10W alloy appears to be that of plastic deformation by plowing and ductile flow of the Ti matrix, which is the typical major wear mechanism for metallic materials (Jain et al., 2010). The presence of grooves and scratches on the worn surfaces evidenced in Fig. 5(a) and (b) indeed supports this plowing wear mechanism. On the other hand, the possible engagement of oxidative wear must not be excluded in this case. In highly reactive metals such as Ti, the formation of TiO₂ on the worn surface is reported to influence the wear behavior of the matrix (Jain et al., 2010). Indeed, energy dispersive X-ray spectroscopic (EDS) analysis on the dotted area of the flake on the Ti matrix shown in Fig. 5(b) shows an unusually high amount of oxygen (ca. 15 wt%), revealing the significant possibility of oxidative wear. In understanding the wear behavior of the Ti–7.5TiC–7.5W specimen, the interfacial bond strength between the TiC particles and the matrix is an important factor to be considered because a relatively weak interfacial bond can cause the reinforcement particles to be pulled out, thus reducing wear resistance (Sandt, 1986; Aziz-Kerrzo, 2011). According to SEM images of the Ti–7.5TiC–7.5W specimen after the wear test, no trace of TiC particle pull-out was observed, suggesting sufficiently good bonding between the TiC particles and matrix.

Although this study finds the overall tribological properties of the Ti–10W and Ti–7.5TiC–7.5W specimens highly suitable for use in biomedical applications, it is desirable for their moduli (80–130 GPa (Ashby and Jones, 1987)) to be further reduced to better match that of natural bone (~40 GPa (Wang et al., 2013)) in order to completely remove the stress-shielding effect, which is caused by the difference between the moduli of the foreign implant and that of natural bone.

Indeed, the presence of the stress-shielding effect can cause a serious setback in that the external load cannot be transferred appropriately to the bone and is then supported mainly by the implant material, eventually causing either degradation and fracture or osteoporosis of the bone, as shown schematically in Fig. 6. In order to match the modulus
of the foreign implant material to that of natural bone, one can suggest employing Ti-10W and Ti-7.5TiC-7.5W composite foams by modifying conventional powder-metallurgy or space-holder foaming methods (Dunand, 2004). This, however, can only be achieved with some sacrifice of tribological and mechanical properties such as strength, hardness, and wear resistance.

3.3. Biocompatibility

Fig. 7 shows the water contact angles of the Ti, Ti-10W, and Ti-7.5TiC-7.5W specimens. The mean contact angles of the Ti, Ti-10W, and Ti-7.5TiC-7.5W specimens were 65 ± 4, 66 ± 6, and 69 ± 1°, respectively, with the contact angle of the Ti-7.5TiC-7.5W being slightly higher than those of the other two. However, the three samples showed similar values within an acceptable error range and a somewhat similar tendency towards hydrophilicity for cell culturing and proliferation.

Human osteoblast cell proliferation was examined using MTT assay on the Ti, Ti-10W, and Ti-7.5TiC-7.5W specimens. Fig. 8 shows the relative cell proliferation activity of the osteoblast cells through an MTT assay using the absorbance MTI assay on the Ti, Ti-10W, and Ti-7.5TiC-7.5W towards hydrophilicity for cell culturing and proliferation. The most pronounced increase was observed in Ti-10W from 0.083 at 1 d to 0.113 at 7 d, with a 73.1% increase in absorbance. On the other hand, no distinguishable difference was observed between the three samples at the same incubation time in all three measurements within the statistical error range (p < 0.5). This good biocompatibility of all three Ti-based samples is perhaps because TiO2, which has good biocompatibility with living tissue, formed well on all three samples, regardless of the additions of W and TiC.

The mouse fibroblast WST-1 assay test showed similar results, i.e., no significant differences were detected in the cell viability between the three tested samples after 1, 2, and 3 d of proliferation (Fig. 9). As expected, the absorbance value increased near linearly with increasing proliferation time. For example, the mean absorbance values of the Ti, Ti-10W, and Ti-7.5TiC-7.5W specimens ranged between 0.17 and 0.20 after 1 d of incubation, whereas the mean absorbance values of those specimens after 3 d of incubation were significantly higher, ranging between 0.37 and 0.43 (Fig. 9). Similar proliferation trends were observed through optical microscopic images, as shown in Fig. 10, which compares the number and morphology of the L929 cultured on the Ti, Ti-10W, and Ti-7.5TiC-7.5W specimens. The number of cells increased with increasing incubation time from 1 d to 3 d, with no significant difference between the Ti, Ti-10W, and Ti-7.5TiC-7.5W specimens at the same incubation times (Fig. 10).

We expanded the biocompatibility study by further carrying out extract tests and comparing the relative plating efficiencies of the three samples (Fig. 11). The relative plating efficiency was obtained by calculating the ratio of the mean number of the colonies in the extract wells to that in the control wells. As shown in Fig. 11, Ti has a tendency of improved relative plating efficiency with decreasing extract concentration from 100% to 50%, but both Ti-10W and Ti-7.5TiC-7.5W do not show clear dependence on their extract concentrations. Additionally, no statistically considerable difference was observed between the Ti, Ti-10W, and Ti-
7.5TiC–7.5W specimens. It was thus confirmed again that none of the three Ti-based materials studied in this paper showed cytotoxicity in L929 mouse fibroblast cells or unacceptable biocompatibility.

4. Conclusions

This study compared the microstructure, biocompatibility, and tribological properties of Ti-10W and Ti-7.5TiC-7.5W composites processed by both CHIP and AM processing methods with those of the control pure Ti. We have shown through macro- and microhardness, nano-scratch, and wear measurements that additions of W and TiC particles to Ti can significantly improve its tribological properties. Furthermore, we have also shown by performing MTT and WST-1 tests, as well as by observing cell morphology on the specimens, that additions of W and TiC particles do not affect the excellent biocompatibility of Ti, and thus these materials are suitable for use in biomedical applications.

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